

East Sussex VCSE Alliance September 2025



Alliance updates



Alliance member organisations are invited by fellow member <u>Wave Active</u> to visit the <u>Hillbrow Health and Wellbeing Centre</u> in Eastbourne later this month. Members will get a tour and oversight of the facilities and partnership between Wave Active and South Downs Health & Care GP Federation.

The centre provides a welcoming environment where people can meet new friends and stay socially connected. Whether looking to maintain fitness or looking for a place to start a wellbeing journey, there is something for everyone.

Alliance member spotlight



Looking for office or meeting space in East Sussex? Faraday House is a professional business centre for charities, community groups and public sector, providing:

- Fully serviced offices & hot-desking
- Affordable meeting & conference rooms
- Step-free, fully accessible facilities (DDA compliant) including toilets, kitchen, showers & garden
- Free on-site parking, or minutes walk from Hampden Park train station

Run as a social enterprise by Age UK East Sussex, every booking helps fund vital services for older people across the county.

Charities and VCSE partners benefit from special discounted rates.

Whether you need office space, a welcoming place to work, or the right setting for your next meeting, we'd love to hear from you - call our friendly team on **01323 404555** or find out more: www.faradayhouse.org

Wider VCSE sector and networks: news and updates

NHS Sussex Commissioning Intentions 2026/27 Stakeholder Seminar

Voluntary Sector representatives from across Sussex attended a cross-sector stakeholder event alongside NHS staff and NHS providers.

Delegates came together to help shape NHS services to improve the health of our communities and residents in Sussex.

During the event, NHS colleagues:

- Presented the draft commissioning intentions for 2026/27
- Outlined feedback they have heard in August from partners, stakeholders and general public
- Invited further feedback to inform the final development of their commissioning intentions.

Submission of the final document will be presented to the <u>NHS Sussex</u> Board for approval in late September.

Alliance members: news and updates

<u>Hastings Voluntary Action</u> (HVA) are pleased to have set the date for the next **Connecting** the Connectors event:

Connecting the Connectors: Hastings Befriending and Good Neighbour Scheme 11th November 2025, 10.30am-1.30pm
Muriel Matters House, Hastings

This is an opportunity to discuss topics including:

- reaching those most in need and reducing loneliness
- what are the major challenges faced by these services
- what communication channels works
- do younger people need befriending services

Refreshments will be provided - register via the link here.

Healthwatch East Sussex are hosting a listening tour event in partnership with RVA on:

25th September, 10am – 12:30pm Pebsham Community Hub, Bexhill







Hastings Voluntary Action

We're keen to hear from organisations working in Rother and local people about health and care services in the area, the factors that impact health, and what can be done to improve things. For further information and to sign up, visit the website here.

Listening Tour Survey

You can also support the listening tour by completing our survey which aims to hear:

- Where local services are working well
- Any issues impacting on your wellbeing
- Where you feel changes or improvements are needed

The survey is anonymous, takes about 10 minutes and can be found <u>here</u>. Please share with your networks and colleagues.

<u>WayfinderWoman</u> help women across East Sussex to overcome challenges, rebuild confidence and connect with supportive networks.



They are recruiting a part-time **Volunteering Development Lead** to shape and champion the way they deliver an exceptional volunteering experience.

Applications close 26 September - visit their <u>website</u> for details and to apply for the role

Alliance members: news and updates

Rother Voluntary Action (RVA) invite you to their Autumn Connections networking event and AGM to celebrate 20 years of RVA!

When: Wednesday 26th November 2025 Time: 10am to 2pm (lunch served at 1pm)

Where: The Relais, Cooden Beach, Cooden Sea Road, Bexhill-on-Sea, TN39 4TT



Trustee Training

Spaces still available please email volunteering @rva.uk.com for more details and to get Involved!



Are your trustees getting the most from their role?

There are seven spaces on RVA's free 'Better Boards' programme.

Each module in this eight-step process includes simple, achievable activities, to accelerate your board's journey towards becoming more effective, engaged and energised. Modules are bi-monthly.

Better

Module 1: Organisational purpose (in person session with lunch) 2 hours

Module 2: Leadership (online session) 1 hour

Module 3: Integrity (online session) 1 hour

Module 4: Decision making, risk, control (online session) 1 hour

Module 5: Brand effectiveness (online session) 1 hour

Module 6: Equality, diversity, inclusion (onine session) 1 hour

Module 7: Openness and accountability (online session) 1 hour

Module 8: Future objectives (in person session with lunch) 2 hours

